

## February News

Room 101- Sarah Mitchell



**Happy February everyone!** Last week was quite a shock! I think we will all be glad to be back together at school again! We have another fun month of learning ahead with some new additions to our daily routines! In addition to signing in with first and last names now, students will answer a question of the day at check-in. This is a fun way for them to “read” a question that follows a repetitive format and gives us a chance to count and compare numbers. I will also continue to do assessments during free choice so we can discuss the progress the kids have made at conferences this month and strategize for the time between now and starting kindergarten in the fall!

### **Learning Theme- Friendship & Healthy Hearts**

Early this month we will be talking friendship and practicing positive ways to be a good friend and classmate. We will then learn about keeping our hearts and bodies healthy. We will discuss exercise, sleep, and healthy eating habits. In addition, we will identify sources of food/food types, share healthy snacks ideas and stress the importance of fueling our bodies with healthy food. Feel free to talk to your student when it is your turn to bring snack about their favorite healthy options to share with friends!

## **Sharing- \*\*Format Change\*\***

During the month of February we will be changing to a “Kids Teach Kids” model for sharing. On your student’s sharing day they will have 10-15 minutes to teach the class about something. This can be a how-to or an informative type demonstration. Please work with your student ahead of time to come up with an idea and plan for what they will say and do. Be creative but don’t stress out too much. Kids can teach their classmates how to make a sandwich, set the table, draw, make or do something and so much more! Thank you for your help with this and let me know if you have questions!

## **February Dates**

### **Valentine’s Day Party**

Tuesday, February 12

### **No School- Conferences**

Wednesday & Thursday, February 13-14

### **NO School-Presidents’ Day**

Monday, February 18

## **Valentine’s Day Celebration**

We will be celebrating Valentine’s Day together as a class. Kids will decorate bags at school and students can bring valentines for their classmates. Passing out valentines is an exciting way for kids to work on letter recognition as they look for their friends’ bags. We will also have a valentine treat together and work on a craft. It is sure to be a fun day!

**As always**, please feel free to contact me with questions, concerns, updates, etc. either in person, by phone or text (612-810-5906) or by email ([smitchell@lakeharrietumpreschool.org](mailto:smitchell@lakeharrietumpreschool.org))