

Daily Schedule—Room 105

Ms. VanDeBoom



9:00—9:30 Arrival and morning routine

Students begin the day by removing their lunch and outerwear, hanging up their preschool bag, and saying goodbye to their grownups. Students then wash hands and choose a table or floor activity. Concepts of math, literacy, science, art, and fine motor skills are represented during this period of discovery.

9:30—9:45 Circle

We gather as a group to sing a song or do a finger play and assign job duties: Calendar Counter, Weather Watcher, Line Leader, Back Buddy, Hamster Helper, or Kind Kid. We then review the schedule for the day, note the calendar month and day, and observe the weather.

9:45—10:15 Hand washing and snack

All students wash hands before eating. Snack allows students to practice social skills—expressing gratitude for the snack, discussing healthy food choices, food preferences, and connection. Math concepts are often explored as students count, sort, or group foods.

10:15—10:25 Hand washing, books, and puzzles

After finishing snack, students will sort any waste (garbage, recycling, and compost) and wash hands before proceeding to independently explore books or complete puzzles. Students will use the restroom if needed.

10:30—10:45 Movement (Muscle Room or playground)

Students will line up and proceed to the Muscle Room or playground for gross motor movement. Various games and large muscle skills will be introduced throughout the school year, including climbing, balance beam, monkey bars, hopscotch, bowling, basketball, and trampoline jumping. Teacher will explain and demonstrate safe use of equipment.

10:50—11:15 Literacy and Music

Students wash hands after returning to the classroom. We again gather as a group to hear the day's story. Picture books allow for discussions about art, literary themes, and unfamiliar vocabulary. Students are making inferences, connections to reading comprehension, phonics, and shared experiences. We also use this time to explore music with rhymes, familiar songs, props, and various instruments.

11:15—11:30 Science, Project, Hamster, or Journaling

Depending on the day, students may observe or complete a science demonstration, participate in a craft project, care for our classroom pet, or complete a journal activity.

11:30—12:00 Lunch

Students will wash hands and gather for lunch together. This is often everyone's favorite part of the day! Students compare foods, ask for assistance when needed, and begin to learn independence via pouring drinks and/or cleaning up spills when they occur. When students finish their meal, they return their lunchbox to their bag, dispose of any waste, and wash their hands.

12:00—12:15 Clean up

Any final tidying of the classroom will take place after lunch. Students will then gather their preschool bag and stand in a line to exit to the playground as a group.

12:15—12:30 Playground

Students play on the playground with the entire student body, which allows multiple age play until their grownup checks in with teacher for dismissal. Students staying for extended day programming will continue to play on the playground until directed by their teacher.

Time and order may vary depending on each day, however, each day will have both child-led and teacher-directed activities.