

OUR DAILY

# AM SCHEDULE

**7:00-8:20**

Pick-up, Breakfast

**8:30-9:30**

Diapers/Free Play

**9:30-9:45**

Group Time

**9:45-10:30**

Lesson Activity

**10:30-10:45**

Wash hands, Snack

**10:45-11:00**

Get Ready: Outside

**11:00-11:30**

Outside Play

**12:00-12:30**

Wash hands, Lunch



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# PM SCHEDULE

**12:30-1:00**

Calming Time

**1:00-2:30**

Nap/ Sensory Play

**2:30-3:00**

Diapers, Get Ready:  
Outside

**3:00-3:30**

Outside Play

**3:30-4:00**

Wash hands, Snack

**4:00-4:15**

Story Time, Play

**4:15-4:30**

Clean up, Get items  
for home

**4:30-5:30**

Nursery Room, Pick-up