

AGRA SCHOOL LUNCH PROGRAM OCTOBER 2024 LUNCH CALENDAR

Lake Harriet United Methodist Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> ● Main Entrée ● Vegetarian Entrée ● Gluten Free Option ● Vegetable Side ● Fruit Side <p>We provide organic whole milk to children under 2 years of age, and organic 1% milk to children older than 2. Breakfast served 8:00-8:30 am</p>	<p style="text-align: right;">1</p> <ul style="list-style-type: none"> ● Tofu Fried Rice ● Ham & Cheese Wrap ● Cauliflower Blend ● Orange Slices <p>Breakfast: Cereal bar, applesauce, milk AM Snack: Clementines, WG crackers PM Snack: Bell peppers, WG crackers</p>	<p style="text-align: right;">2</p> <ul style="list-style-type: none"> ● Italian Dunkers w/ Tomato Sauce ● Roasted Chicken & Cheese Wrap ● Peas ● Cantaloupe <p>Breakfast: Belvita, bananas, milk AM Snack: WG crackers, hummus PM Snack: Raisins, WG crackers</p>	<p style="text-align: right;">3</p> <ul style="list-style-type: none"> ● Alfredo Pasta ● Salami & Cheese Sandwich ● Green Beans ● Honeydew <p>Breakfast: Cheerios, berries, milk AM Snack: Cheese, WG crackers PM Snack: Apples, WG crackers</p>	<p style="text-align: right;">4</p> <ul style="list-style-type: none"> ● Vegan Meatball Sub ● Basil Turkey BLT Wrap ● Carrots (Medallions) ● Applesauce <p>Breakfast: Cereal bar, clementines, milk AM Snack: Raisins, WG crackers PM Snack: WG crackers, hummus</p>
<p style="text-align: right;">7</p> <ul style="list-style-type: none"> ● Taco Bowl ● Black Bean Taco Bowl ● Corn ● Watermelon <p>Breakfast: Cereal bar, fruit pouch, milk AM Snack: Cucumbers, WG crackers PM Snack: Cheese, WG crackers</p>	<p style="text-align: right;">8</p> <ul style="list-style-type: none"> ● Pesto Pasta w/ Chicken ● Pesto Pasta ● Ham & Cheese Sandwich ● Peas & Carrot Blend ● Honeydew <p>Breakfast: Belvita, melon, milk AM Snack: Clementines, WG crackers PM Snack: Applesauce, WG crackers</p>	<p style="text-align: right;">9</p> <ul style="list-style-type: none"> ● Chicken Noodle Soup w/ Roll ● Roasted Vegetable Sandwich ● Broccoli ● Orange Slices <p>Breakfast: Cheerios, melon, milk AM Snack: Cheese, WG crackers PM Snack: Raisins, WG crackers</p>	<p style="text-align: right;">10</p> <ul style="list-style-type: none"> ● Chicken Stir-Fry ● Tofu Stir-Fry ● Basil Turkey BLT Sandwich ● Cauliflower Blend ● Applesauce <p>Breakfast: Belvita, clementines, milk AM Snack: WG crackers, hummus PM Snack: Bananas, graham crackers</p>	<p style="text-align: right;">11</p> <ul style="list-style-type: none"> ● Quinoa Veggie Wrap ● Turkey & Cheese Wrap ● Celery ● Cantaloupe <p>Breakfast: Yogurt, raisins, milk AM Snack: WG crackers, clementines PM Snack: Cheese, WG crackers</p>
<p style="text-align: right;">14</p> <ul style="list-style-type: none"> ● Meatball Sub ● Vegan Meatball Sub ● Peas ● Honeydew <p>Breakfast: Belvita, applesauce, milk AM Snack: Bananas, WG crackers PM Snack: Clementines, WG crackers</p>	<p style="text-align: right;">15</p> <ul style="list-style-type: none"> ● Spaghetti w/ Meat Sauce ● Spaghetti w/ Tomato Sauce ● Ham & Cheese Wrap ● Green Beans ● Watermelon <p>Breakfast: Cereal bar, melon, milk AM Snack: Cheerios, Craisins PM Snack: Cucumbers, hummus</p>	<p style="text-align: right;">16</p> <ul style="list-style-type: none"> ● Chicken Teriyaki Bowl ● Tofu Teriyaki Bowl ● Salami & Cheese Sandwich ● Peas & Carrot Blend ● Applesauce <p>Breakfast: Cheerios, bananas, milk AM Snack: Cheese, WG crackers PM Snack: Apples, WG crackers</p>	<p style="text-align: right;">17</p> <ul style="list-style-type: none"> ● Chicken Tenders w/ Roasted Potatoes ● Raw Vegetable Sandwich ● Carrots (Medallions) ● Cantaloupe <p>Breakfast: Belvita, Clementines, Milk AM Snack: WG crackers, craisins PM Snack: Bananas, WG crackers</p>	<p style="text-align: right;">18</p> <ul style="list-style-type: none"> ● Turkey Burger ● Veggie Burger ● Broccoli ● Orange Slices <p>Breakfast: Cheerios, fruit pouch, milk AM Snack: Melon, WG crackers PM Snack: WG crackers, hummus</p>

<p style="text-align: right;">21</p> <ul style="list-style-type: none"> ● Macaroni 'N' Cheese ● Celery ● Watermelon <p>Breakfast: Cereal bar, bananas, milk AM Snack: Cucumbers, WG crackers PM Snack: Apples, WG crackers</p>	<p style="text-align: right;">22</p> <ul style="list-style-type: none"> ● Agra Burger ● Veggie Burger ● Corn ● Honeydew <p>Breakfast: Melon, Cheerios, milk AM Snack: Cheese, WG crackers PM Snack: Craisins, WG crackers</p>	<p style="text-align: right;">23</p> <ul style="list-style-type: none"> ● Chicken Tacos ● Black Bean Tacos ● Cauliflower Blend ● Cantaloupe <p>Breakfast: Belvita, Clementines, milk AM Snack: Apples, WG crackers PM Snack: Cheese, WG crackers</p>	<p style="text-align: right;">24</p> <ul style="list-style-type: none"> ● Italian Dunkers w/ Tomato Sauce ● Turkey & Cheese Wrap ● Green Beans ● Applesauce <p>Breakfast: Belvita, melon, milk AM Snack: Bananas, WG crackers PM Snack: Clementines, WG crackers</p>	<p style="text-align: right;">25</p> <ul style="list-style-type: none"> ● Chicken Wild Rice Soup w/Roll ● Roasted Vegetable Sandwich ● Basil Turkey BLT Sandwich ● Peas & Carrot Blend ● Orange Slices <p>Breakfast: Cheerios, bananas, milk AM Snack: Bell peppers, WG crackers PM Snack: Apples, WG crackers</p>
<p style="text-align: right;">28</p> <ul style="list-style-type: none"> ● Tofu Fried Rice ● Ham & Cheese Wrap ● Carrots (Medallions) ● Cantaloupe <p>Breakfast: Belvita, clementines, milk AM Snack: Applesauce, WG crackers PM Snack: Cheese, WG crackers</p>	<p style="text-align: right;">29</p> <ul style="list-style-type: none"> ● Quinoa Veggie Wrap ● Roasted Chicken & Cheese Sandwich ● Peas ● Watermelon <p>Breakfast: Melon, Cereal bar, milk AM Snack: Clementines, WG crackers PM Snack: Craisins, WG crackers</p>	<p style="text-align: right;">30</p> <ul style="list-style-type: none"> ● Taco Bowl ● Black Bean Taco Bowl ● Turkey & Cheese Sandwich ● Corn ● Honeydew <p>Breakfast: Cheerios, raisins, milk AM Snack: Bananas, graham crackers PM Snack: Cucumbers, WG crackers</p>	<p style="text-align: right;">31</p> <ul style="list-style-type: none"> ● Chicken Alfredo Pasta ● Alfredo Pasta ● Salami & Cheese Sandwich ● Broccoli ● Orange Slices <p>Breakfast: Yogurt, craisins, milk AM Snack: Cheese, WG crackers</p> <p>PM Snack: Bell peppers, WG crackers</p>	