

# Daily Schedule: Room 205

## 7:30- 9:00 Arrival and morning routine

Students begin the day by entering the classroom and hanging up their bag. Students will wash their hands and sign in with their photo magnet. Students may choose one of the floor activities I have provided.

## 9:00-9:30 Discovery Play

Students will choose a table or floor activity. Concepts of math, literacy, science, art, and fine motor skills are represented during this period of discovery.

## 9:30-9:45 Handwashing and Snack

All students wash hands before eating. Snack allows students to practice social skills—expressing gratitude, discussing healthy food choices, food preferences, and connection. Math concepts are often explored as students count, sort, or group foods. After finishing snack, students will sort any waste and wash hands. Students will use the restroom if needed.

## 9:45-10:00 Circle Time

We gather as a group to sing a song or do a finger play. We then read the morning message, review the schedule for the day, note the calendar month and day, and observe the weather. This is also the time when we sing our rhyming and alliteration songs.

## 10:00-10:30 Discovery Play

Students will have free choice play in the classroom. Concepts of math, literacy, science, art and fine motor skills are represented during this period of discovery.

## 10:30-11:00 Literacy and Music

We again gather as a group to hear the day's story. Picture books allow for discussions about art, literary themes, and unfamiliar vocabulary. Students are making inferences, connections to reading comprehension, phonics, and shared experiences. Journaling will be introduced within the first few weeks of school. We also use this time to explore music with rhymes, familiar songs, props, and various instruments.

### **11:00-11:15 Muscle Room**

Students will line up and proceed to the Muscle Room or playground for gross motor movement. Various games and large muscle skills will be introduced throughout the school year, including climbing, balance beam, monkey bars, hopscotch, bowling, basketball, and trampoline jumping. Teacher will explain and demonstrate safe use of equipment.

### **11:15-11:30 Quiet Activities**

Students may choose from puzzles or books during this time.

### **11:30-12:15 Lunch**

This is often everyone's favorite part of the day! Students compare foods and begin to learn independence via pouring drinks and/or cleaning up spills when they occur. When students finish their meal, they dispose of any waste, and wash their hands.

### **12:15-1:00 Playground**

Students play on the playground with all the preschoolers, which allows for multiple age play.

### **1:15-2:00 Quiet Activities**

Children will come to the classroom and may choose from teacher selected quiet activities such as coloring, puzzles, books, and select table toys.

### **2:00-2:15 Snack**

Students will be provided a light snack and water.

### **2:15-3:00 Free Choice Play**

Students have free choice to play where they would like in the classroom.

### **3:00-4:00 Outdoor Play**

Climbing, games, bikes, sandbox and water play are some of the outdoor activities that will happen during this period.

### **4:00-5:00 Indoor Free Choice Play**

Dramatic play, blocks, puzzles, and fine motor activities.

### **5:00-5:30 End of Day Wrap-Up and Pick Up**

Free choice play, music, and group activities until pick up.